

Name	Berlin Misophonia Questionnaire Revised (BMQR-NOR)
Purpose:	Assess and diagnose misophonia.
Short description:	<p data-bbox="488 271 1366 387">BMQR-NOR is a comprehensive questionnaire that assesses a number of aspects of misophonia, such as emotional and physical reactions, as well as dysregulation of behavior, thoughts and feelings.</p> <p data-bbox="488 439 1366 719">The questionnaire consists in two parts. Part one measures the extent of disturbance attributed to internally or externally produced sound classes (i.e., groups of sounds which share subjective meaning) and general sound intolerance symptoms (GSIS). Part two consists of symptom-oriented scales, which correspond to the diagnostic criteria. The items are rated on a 6-point scale from 0 (“does not apply at all”) to 5 (“completely applies”).</p>
Academic area/skills:	Misofoni
Target group:	18 – 67 years
Survey method:	Individual (paper and online form)
Standardization:	Validated by Eirin Krog: Krog, E. (2023). Misofonifeltet i fremvekst: Oversettelse og kvalitetssikring av et spørreskjema – En valideringsstudie av den norske versjonen av Berlin Misophonia Questionnaire Revised (BMQR-NOR). Masteroppgave i spesialpedagogikk, UiO.
Adapted/non-adapted to Norwegian conditions:	BMQR-NOR by Eirin Krog, Guri Engernes Nielsen and Vasiliki Diamanti, Oslo SPeLL (Oslo Special Education and Learning Lab), University of Oslo.
Published:	2022 (Garman original version) 2023 (Norwegian version)
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User groups/user qualifications:	Speech therapists/audiologists, clinicians