

Name	MYOTOPIA
Purpose:	Games for developing oral-motor skills and for myofunctional therapy.
Short description:	<p><u>Oral-motor and Blowing Games</u></p> <p>The aim of the oral-motor games is to teach children to develop better self-awareness with regard to their own tongue, lip and cheek movements. Through play, the children learn to carry out specific movements or to coordinate specific movement sequences. At the same time, tongue, lip and cheek muscles are being strengthened. The Mumo-Mix and the Car Racing game can be combined with blowing activities in order to practice directing and controlling the flow of breath. Being able to successfully carry out different oral-motor exercises is often a precursor for being able to initiate different speech sounds during articulation therapy.</p> <p><u>Sucking Games</u></p> <p>Sucking games aim to strengthen tongue, lip and cheek musculature and help to develop elevation of the front of the tongue and the sides of the tongue, as well as lip closure, in a playful way. The ability to elevate the front of the tongue and to raise the sides of the tongue to create a groove is particularly important when working on the speech sounds (s/z) and (sh/zh). Combining oral-motor activities with verbal commenting can be useful for practicing and consolidating different problem sounds and difficult speech sound sequences.</p> <p><u>Content</u></p> <ul style="list-style-type: none"> • Sucking game: 5 game boards, 4 dice, 5 sets of counters and drinking straws. • Oral-motor and blowing games: 54 oral-motor cards, 1 cardboard beehive, 1 fish tank (flat-packed), 2 plastic frogs that can jump, 1 small plastic car, 13 big yellow playing pieces and 13 small yellow playing pieces, small woolen pompom balls, 1 table tennis ball, 2 medium-sized marbles, 4 fishing rods and drinking straws.
Academic area/skills:	Oral motor skills (breathing, blowing and sucking)
Target group:	Children in kindergarten and primary school (3 years and up)
Adapted/non-adapted to Norwegian conditions:	Translated into Norwegian, English, France, Italian, German, Spanish and Dutch
Published:	2011
Author:	Schubi
User groups/user qualifications:	Teachers in kindergarten and school, speech therapists, special educators